



FIRST AID FOR EDUCATIONAL WORKERS

Parc Científic i Tecnològic
Edifici Incuba, of. 1.7
25003 Lleida

 900 52 56 78

 neosalus@neosalus.com

 www.neosalus.com



FIRST AID FOR EDUCATIONAL WORKERS



TO WHOM IT IS ADDRESSED

- Teachers of the primary education stage (6-12 years) - secondary (12-16 years)
- Institute of Education Sciences (ICE))
- Concierges and secretarial staff
- Monitors extracurricular activities
- Dining room monitors



TARGETS

- Sensitize the people of the organization in the need to know the most common procedures in first aid aimed at unforeseen situations that arise in the day to day of the center
- Identify serious and mild situations through appropriate assessment
- Acquire the minimum skills necessary to be able to provide initial health support to any unexpected situation in the field of Health
- Know the basics of using semi-automatic defibrillators



CONTENTS

BLOCK 1: IMMEDIATE RISK SITUATIONS

- What are first aid?
- Basic life support for children and adults and use of DEA
- Lateral Safety Position (LSP)
- ICTUS
- Obstruction of the airway by foreign bodies
- Bleeding
- Heart attack



BLOCK 2: MOST COMMON SITUATIONS IN PPAA

- General guidelines for action in the event of an accident
- Alteration of the level of consciousness
- Burns
- Wounds
- Trauma
- Animal bites
- Injuries caused by excess heat
- Lipothymia
- Psychological first aid
- The first aid kit



METODOLOGIA

The methodological strategies are dynamic and participatory, seeking to arouse the interest and motivation of attendees and respond to the needs, doubts and concerns that may arise. There are practical cases applied to the usual environment of activities of the attendees. Appropriate technical and didactic material is used to achieve the proposed learning and seek the most real contextualization possible.



DURADA

8 hours to be taught in a single session or in two 4-hour sessions.