



# FIRST AID FOR CHILDREN AND BABIES

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## FIRST AID FOR CHILDREN AND BABIES



### TO WHOM IT IS ADDRESSED

- Nursery school workers
- Municipal toy libraries
- Municipal libraries
- Teacher of the infant education stage (0 -6 years)



### TARGET

- Raise awareness among users of the need to know the most common first aid procedures aimed at unforeseen situations with girls and boys.
- Identify serious and mild situations through appropriate assessment
- Acquire the minimum skills necessary to be able to provide initial health support to any unexpected situation in the field of Health
- Know the basics of using semi-automatic defibrillators



### CONTENT

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#### BLOCK 1: IMMEDIATE RISK SITUATIONS

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- What are first aid?
- Basic life support for babies and children and use of AED
- Lateral Safety Position
- Obstruction of the airway by foreign bodies
- Bleeding



## BLOCK 2: MOST COMMON SITUATIONS IN PPAA

- Pediatric evaluation triangle
- Alterations in the level of consciousness
- Burns
- Wounds
- Trauma
- Medical emergencies, laryngitis, epiglottitis, laryngepiglottitis
- Seizures
- Contusions
- Poisoning
- Psychological first aid
- The first aid kit



## METHODOLOGY

The methodological strategies are dynamic and participatory, seeking to arouse the interest and motivation of attendees and respond to the needs, doubts and concerns that may arise. There are practical cases applied to the usual environment of activities of the attendees. Appropriate technical and didactic material is used to achieve the proposed learning and seek the most real contextualization possible.



## DURATION

8 hours to be taught in a single session or in two 4-hour sessions.