




FORMACIÓ

FITXA TÈCNICA

Parc Científic i Tecnològic
Edifici Incuba, of. 1.7
25003 Lleida

 900 52 56 78

 neosalus@neosalus.com

 www.neosalus.com

BLOCK 2: MOST COMMON SITUATIONS IN PPAA

- General guidelines for action in the event of an accident
- Alterations in the level of consciousness
- Burns
- Wounds, especially bruises and incisions
- Fall injuries
- Hypothermia
- Heat stroke and other injuries due to temperature rise
- Basic rescue of people in the water
- Psychological first aid
- The first aid kit



METHODOLOGY

The methodological strategies are dynamic and participatory, seeking to arouse the interest and motivation of attendees and respond to the needs, doubts and concerns that may arise. There are practical cases applied to the usual environment of activities of the attendees. Appropriate technical and didactic material is used to achieve the proposed learning and seek the most real contextualization possible.



DURATION

8 hours to be taught in a single session or in two 4-hour sessions.